

8/5/16 – Colorado Federal Executive Board (CFEB)
ALL EMPLOYEE ANNOUNCEMENTS – PLEASE DISTRIBUTE
<http://www.colorado.feb.gov/>

KNOW YOUR GOVERNMENT

Fill in the blanks

The Constitution is the _____.

* See below for answer

###

CONGRATULATIONS DRAGON BOAT FESTIVAL FED FORCE TEAM

<https://colorado.feb.gov/health-fitness/>

Congratulations to the CFEB's Fed Force Team on their third place finish in the Hong Kong 120m race last Saturday. Unfortunately, the weather cancelled races on Sunday, but the team is already looking forward to next year. A big thank you to Kim King, HHS FDA and Deb Cavel, USGS for coaching and leading the team this year!

###

VOLUNTEER SUCCESS STORY | STEM SCOUTS

CONTACT Courtney McNabb, STEM Scouts Executive | 337-296-1030 |
Courtney.mcnabb@scouting.org

Everitt Middle School established the STEM Scouts after school program last year. Students participated in labs related to science, technology, engineering, and math. STEM programs are not always available in the school district, so providing this program encourages students to consider STEM professions in the future.

STEM Scouts would like to thank Kari McIntyre, NPS, and LaDonna Choate, USGS for sharing their professional experiences with the students last year and invite other federal employees in the STEM disciplines to volunteer in the upcoming school year. If you would like to volunteer, please contact Courtney McNabb.

###

VOLUNTEER OPPORTUNITIES

2016 Colorado Remembers 9/11

September 11, 2016 | 10:00 am - 5:00 pm

Civic Center Park | Denver CO

REGISTER ONLINE

<https://events.r20.constantcontact.com/register/eventReg?oeidk=a07ecqdi3dc794c65a7&oseq=&c=&ch=>

CONTACT Kaitlin Marshall | 303-844-4000 x 13 | kmarshall@thecell.org

Counterterrorism Education Learning Lab (CELL)

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BECOME A MENTOR

Big Brothers Big Sisters of Colorado

Mentor2.0 matches high school students with college-educated mentors and provides them with the support and guidance they need to graduate high school and succeed in college and the workforce. Mentor/mentee matches get to know each other through an innovative combination of weekly messages (via a secure web-based platform) and monthly group events at the high school that mentor2.0 organizes and hosts.

Mentor Opportunities in Denver at Sheridan High School & Colorado Springs at Atlas Preparatory School

CONTACTS

- ♦ Josh Smith | JoshS@BigLittleColorado.org | 303.960.4910 | Sheridan High School
- ♦ Benjamin Gallegos-Pardo | BenG@BigLittleColorado.org | 719.323.5831 | Atlas Preparatory School

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GSA's DENVER FEDERAL CENTER NEWSLETTER

<https://content.govdelivery.com/accounts/USGSA/bulletins/15ae44c>

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CFEB RETIREMENT PLANNING CLASSES

<https://colorado.feb.gov/events-training/retirement-classes/>

###

COLORADO LEADERSHIP DEVELOPMENT PROGRAM

CONTACT CLDP Account Manager | angelina.mirabile@opm.gov | 303-671-1163

Nominations are open for participants in the Colorado Leadership Development Program (CLDP) Class of 2017. The U.S. Office of Personnel Management's Western Management Development Center will be offering this innovative 1-year program for selected high potential professionals who work in federal, state or local government organizations located in the State of Colorado.

###

AUGUST

L0300 ICS 300: Intermediate Incident Command System for Expanding Incidents

August 9-11, 2016 | 8:00 am - 4:40 pm | 755 Parfet St Suite 400 | Lakewood CO

Free | Class limited to 30 participants

EMAIL Charisse Fuqua | charisse.fuqua@fema.dhs.gov

This course provides training for personnel who require advanced application of the Incident Command System (ICS). This course expands upon information covered in the ICS 100 & ICS 200 courses. Prerequisites: Completion of Independent Study (IS) courses IS-100.b; IS-200.b is required. IS-700.a & IS-800.b are highly recommended.

###

USING CLOUD IN GOVERNMENT

August 11, 2016 | 8:00 - 10:00 am

Denver Federal Center | Bldg 41 Colorado Room | Lakewood CO

CONTACT Casey Harris, Manager | (703) 208 - 4800 | charris@actiac.org

SPEAKERS | Department of Interior Cloud and Security Services

- ♦ Jason Swegle, Program Manager - Cloud Hosting Services
- ♦ Stacy Richkun, Chief Security Architecture, Policy, Training and Risk Management

TOPICS

- ♦ Successfully deploy cloud based services
- ♦ Take a Cloud Service Provider (CSP) through the evaluation process for authorization to use the service
- ♦ Tips when considering different security measures in the cloud

###

MOUNTAIN AND PLAINS INTERGOVERNMENTAL AUDIT FORUM

August 11 - 12, 2016 | 8:00 am - 4:30 pm | Grand Hyatt Hotel | Denver CO

\$300 (\$275 until 7/1/2016) | Jenny Wong | 415 904 2124 | WongJ@gao.gov

<https://auditforum.org/2016/05/25/registration-now-live-for-the-mpiaf-2016-forum/>

Topics include cyber security and hacking, data analytics, ethics, changing media dynamics and communicating the message. The keynote address will be delivered by former Governor Bill Ritter Jr., 41st Colorado Governor (2007-2011).

###

LT. DAN BAND FREE CONCERT

August 13, 2016 | 7:00 - 10:00 pm | Iron Horse Park, Fort Carson CO | Free, open to all DOD ID holders

###

HUMAN RESOURCE RESPONSE TO DISASTERS & TRAUMATIC GRIEF

August 18, 2016 | 1:00 - 3:00 pm | Lakewood CO
Free | ONLINE REGISTRATION REQUIRED | <https://colorado.feb.gov/register/?ee=345>

TOPICS

- ♦ Understanding Incident Stress, Traumatic Grief and what each of you can do
- ♦ Human Resource Processes, Procedures, and Actions for Dealing with Disasters
- ♦ Human Resource Communication Templates
- ♦ Employee Assistance Program resources

###

RESOURCE FAIR FOR SENIORS & CAREGIVERS

August 18, 2016 | 1:30 - 3:30 pm | Hebrew Educational Alliance | 3600 S Ivanhoe | Denver CO
https://docs.google.com/forms/d/1eFLLe2rZEvRDnrgW4ffrUBbBda3k1IDW3wtWgL6410o/viewform?edit_requested=true

The fair is an opportunity for citizens to learn about the services that are available to them through federal, state and city governmental agencies as well as the resources and assistance provided by not-for-profits organizations. Ms. Moe Keller, Vice President of Public Policy & Strategic Initiatives at Mental Health Colorado will speak about "Health and Mental Wellness for Caregivers" at 1:45 p.m.

###

UNDER 26 Transitions Age Youth Group

August 18th, 2016 | 11:30 am - 4:30 pm
Colorado Fund for People with Disabilities | 1355 South Colorado Blvd #920 Denver CO
CONTACT Pauline Zvonkovic | 801 524 6076 | pauline.zvonkovic@hud.gov

Sponsored by the Denver Regional Office and HUD's Center for Faith Based and Neighborhood Partnerships in Washington. To Educate and Inform Providers, Families, Youth and Young Adults, Public of the Best Practices Including Culturally and Linguistically Appropriate Services and Resources Purposed to Reduce Disparities for Youth/Young Adults with Behavioral Health and Intellectual Development Issues and Challenges.

###

OSHA TRAINING

August 26, 2016 | 8:15 am - 4:30 pm | Free
RMEC OSHA | 13300 West 6th Ave | Lakewood CO
CONTACT Bruce Sanford | 303 914 6420 | bruce.a.sanford.civ@mail.mil

<https://www.rmecosha.com/course/OSHA%20Numbered%20Courses/469/OSHA%207210%20Pandemic%20Influenza%20Preparedness>

OSHA 7210 - Pandemic Influenza Preparedness - This course covers recognizing hazards and risks associated with a pandemic influenza event and developing strategies to assist a business, community, or family with realistic preparation for a pandemic event.

###

PEACE CORPS OPPORTUNITIES FOR EXPERIENCED AMERICANS

August 29 | 11:30 am – 12:30 pm | Denver Federal Center | Bldg 25 Lecture Hall | Denver CO

CONTACT Karyn Sweeney | 480 265 6461 | ksweeney@peacecorps.gov
Learn more and register at <https://www.peacecorps.gov/events/peace-corps-opportunities-for-experienced-americans/>

###

BUILDING RESILIENCE THROUGH PUBLIC-PRIVATE PARTNERSHIPS CONFERENCE

August 30-31, 2016 | Hotel Elegante | 2886 S Circle Dr | Colorado Springs CO
REGISTRATION | http://www.mcmspecialevents.com/HotelElegante/PPP/?mc_cid=435abb400e&mc_eid=bfe76c8a29
CONTACT | PPPConference@hq.dhs.gov

Sponsored by US North American Aerospace Defense Command and United States Northern Command, in partnership with the U.S. Department of Homeland Security through the National Protection and Programs Directorate and Private Sector Office, and the Federal Emergency Management Agency Private Sector Division.

###

GRANT WRITING WORKSHOP

AUGUST 30-31, 2016 | 9:00 am - 4:00 pm

Martin Luther King Library | 9898 East Colfax Ave, Aurora CO

Free | Register online

[HTTP://WWW.HUD.GOV/EMARC/INDEX.CFM?FUSEACTION=EMAR.REGISTEREVENT&EVENTID=2852&UPDATE=N](http://www.hud.gov/emarc/index.cfm?fuseaction=EMAR.REGISTEREVENT&EVENTID=2852&UPDATE=N)

Sponsored by HUD. Discover how to develop a solid program proposal, research funding opportunities and plan next steps to success. Topics:

- ♦ Common Factors in Grant Proposals;
- ♦ Program Evaluation;
- ♦ Tracking Success; and,
- ♦ Using Logic Models

###

SEPTEMBER

2016 OEF/OIF WOMEN VETERANS RETREAT - COLORADO

September 11-16, 2016

Laura Tyson | laura@centerpointretreats.org

<http://www.centerpointretreats.org/wp-content/uploads/2016-Application-Wmn-Vet-Retreat-PDF.pdf>

###

CONFERENCE ON NATIVE AMERICAN NUTRITION

September 26-27, 2016 | Prior Lake MN

<http://seedsofnativehealth.org/conference/>

###

BLUEPRINT TO EXCELLENCE SUPERVISORY ACADEMY

October 18-20, 2016 | 8:30 am - 4:00 pm | Fort Collins CO

\$290.00 | Online Registration Required | <https://colorado.feb.gov/register/?ee=353>

CONTACT Dave Cawrse | 970 295 5780 | dcawrse@fs.fed.us

Transforming Federal Supervisors into Leaders. The 3-day training fulfills annual supervisory training requirements and addresses core competencies in Strategic Thinking, Flexibility, Resilience, Conflict Management, Developing others, Team Building, Customer Service, & Human Capital Management. This training is presented by the Colorado Federal Executive Board Northern Colorado Council.

###

OPM WMDC LEADERSHIP PROGRAMS CATALOGUE

<https://colorado.feb.gov/wp-content/uploads/2016/04/2016-OPM-WMDC-Courses.pdf>

###

DENVER COMMUNITY EMERGENCY RESPONSE TRAINING PROGRAMS

Register | <http://www.denvergov.org/oem> | DenverCERT@denvergov.org | 303 725 3084

###

TRAINING @ DOI UNIVERSITY

DOI University (DOIU) offers competency-based training courses and programs designed to increase the skills of all federal employees.

<https://doiu.doi.gov/catalog.html?type=sp&id=lakewood> |

<https://doiu.doi.gov/catalog.html?type=c>

###

DENVER FEDERAL CENTER DAM GOOD SPEAKERS TOASTMASTERS CLUB

Tuesday's | 11:30 am - 12:30 pm | DFC Building 67, Room 610 | Denver CO

CONTACT Jon Damiano | 303 445 2461 | jdamiano@usbr.gov

<http://damgoodspeakers.toastmastersclubs.org>

###

DFC FARMERS MARKET

Thursday's only | June 16 – September 8, 2016 | 11:00 am – 1:00 pm

Denver Federal Center Bicentennial Park

www.facebook.com/denverfederalcenter | www.gsa.gov/dfcfarmersmarket

Lauren Trenc | Lauren.Trenc@gsa.gov

###

VAN & CARPOOL

Vanpools needing riders are listed on the CFEB web site

<https://colorado.feb.gov/resources/van-pools/>

If you would like the CFEB to add your van or carpool to the web site, email the information to gpage@colorado.feb.gov

###

HEALTH DOES MATTER

Yoga @ DENVER FEDERAL CENTER - WELLNESS CENTER

Denver Federal Center | Bldg. 75 | Kiel Hovland | 303 236 6911 | kiel.hovland@gsa.gov

Tuesday's | 5:00 – 6:00 pm | Yoga for beginners and intermediates

Thursday's | 5:00 – 6:00 pm | Yoga for beginners and intermediates

Sue Doty | Pre-register @ 720-252-7935 | dotys1@yahoo.com

Drop in Cost is \$10 –or- 4-Punch Pass - \$30 (Classes open to all: Feds & Non-Feds; Members & Non-Members)

FEHB VIRTUAL SERVICE

1st Wednesday of every FEHB pay period | 9:00 - 10:00 am

Hosted by Kaiser Permanente | 1 800 632 9700 | kp.org/feds

CONFERENCE LINE | 1 855 851 8843 | Code 570 038 434 #

ONLINE | www.kpfedtalk.org | Code kpfedtalk1 | Follow prompts for audio

Connect with FEDSTRIVE Region 8

Facebook - <https://www.facebook.com/FedStriveR8>

www.FOH.hhs.gov

Mile High Walking Club – Denver Federal Center

Every Thursday | 11:15 – 11:45 am | Meet at NW corner of 5th & Center

Free, open to all federal employees & contractors

Brittany Plaven | 303 844 7333 | Brittany.plaven@foh.hhs.gov

Mile High Walking Club – Byron G Rogers Building

Every Monday | 12:00 – 12:30 pm | Meet right outside of the Byron Rogers Building

Every Wednesday | 11:30 am – 12:00 pm | Meet right outside of the Byron Rogers Building

Free, open to all federal employees & contractors

Brittany Plaven | 303 844 7333 | Brittany.plaven@foh.hhs.gov

BONFILS DFC BLOOD DRIVE

2nd Thursday of each month | 8:00 am - 1:30 pm

Denver Federal Center | Bldg. 67 | Hungry Horse Room

SCHEDULE AN APPOINTMENT | www.bonfils.org (site code is 2015) | 303 363 2300

Betty Palcsak | 303 236-6905 | bpalcsak@usgs.gov

###

LIGHTEN UP!

Curious Questions

- ♦ At a movie theater which arm rest is yours?
- ♦ If man evolved from monkeys, how come we still have monkeys?
- ♦ When does it stop being partly cloudy and start being partly sunny?
- ♦ Since bread is square, then why is sandwich meat round?
- ♦ Is it legal to travel down a road in reverse, as long as you're following the direction of the traffic?
- ♦ Is a pessimist's blood type B-negative?
- ♦ If money doesn't grow on trees then why do banks have branches?

###

PETS OF THE WEEK

Adopt a pet and save a life

Frannie | Blue Tick Hound | Female | 6 months old

MY FAIRY DAWG MOTHER RESCUE | 720 939 7017 | <http://www.dogrescuecolorado.org/>

Bessie (115036) | Manchester Terrier mix | Female | 8 years old

FOOTHILLS ANIMAL SHELTER | 303-278-7575 | info@fas4pets.org

<http://www.FoothillsAnimalShelter.org>

###

VOLUNTEER OPPORTUNITIES

VOLUNTEERS & FOSTER HOMES NEEDED FOR CAT SHELTER

Angels With Paws | 2540 Youngfield St | Lakewood CO

Please contact shelter manager Sondra Bailey | 303 274 2264 |

<http://www.angelswithpaws.net/volunteering/>

###

SISTERHOOD OF THE TRAVELING PETS

Saturdays (year round) | 9:00 am - 3:00 pm | Colorado Springs/Denver

<https://www.facebook.com/sisterhoodofthetravelingpets>

Sassie Skelton | 719 482 0705

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JOB ANNOUNCEMENTS

<https://www.usajobs.gov/>

FEMA

FEMA-16-PH-115166-DE: <https://www.usajobs.gov/GetJob/ViewDetails/446735500/>

FEMA-16-PH-115166-MP: <https://www.usajobs.gov/GetJob/ViewDetails/446736800/>

HHS, Centers for Medicare & Medicaid Services, San Francisco, CA

Regional Administrator | ES-0340-00

<https://www.usajobs.gov/GetJob/ViewDetails/442182700/>

US Forest Service Rocky Mountain Region

<https://fsoutreach.gdcii.com/Outreach/> | Visit <http://www.fs.usda.gov/main/r2/jobs>

US Forest Service Rocky Mountain Region, Gunnison, CO

Forest Health Protection Service Center Leader | GS-0414-12/13 or GS-0434-12/13

Contact Bob Cain | rjcain@fs.fed.us | 303 275 5463 by August 19

US Forest Service Rocky Mountain Region, Custer, SD

Purchasing Agent | GS-1105-8/9

Contact Todd Butler | tabutler@fs.fed.us | before August 15

National Older Worker Career Center (NOWCC) AGE 55+ | Denver, CO

RCRA Professional Support | https://www.nowcc.org/r/positions/view.aspx?record_id=3684

###

KNOW YOUR GOVERNMENT ANSWER

supreme law of the land.

###

CFEB EMAIL ANNOUNCEMENTS

To submit information to be included in the announcements, please email it by Wednesday of each week to jconn@colorado.feb.gov in the following format.

Title

Date | Time

Location | 3333 W 32 Ave | Denver CO (no punctuation)

Cost (if applicable)

Brief Description (very short marketing blurb | a couple of bullet points or sentences)

CONTACT Name | 303 333 5555 | email

Website

Recent CFEB announcements are posted on the CFEB web site

<https://www.colorado.feb.gov/index.php?content=10&page=Announcements>

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Have a safe and wonderful weekend

Gay & Jeff

Gay Page | CFEB Executive Director | gpage@colorado.feb.gov

Jeff Conn | CFEB Outreach Strategist | jconn@colorado.feb.gov

Colorado Federal Executive Board (CFEB)

Denver Federal Center | Bldg. 810 Room 5014 | PO Box 25567 | Lakewood CO 80225-0567

303 202 4588 | <http://colorado.feb.gov/index.php>

Working for the greater good by creating partnerships for intergovernmental communication & collaboration!

Please email jconn@colorado.feb.gov to subscribe or unsubscribe from CFEB email